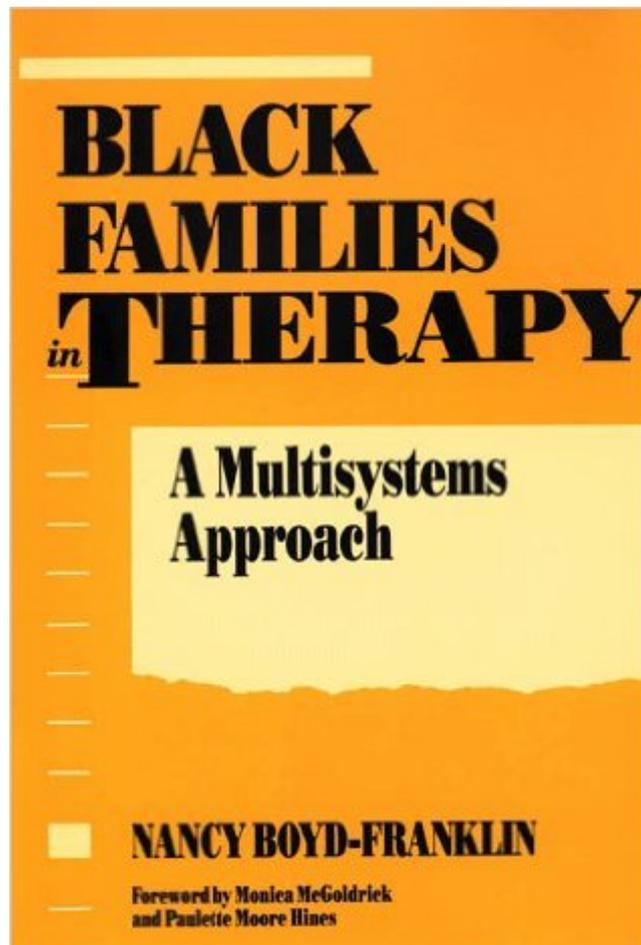


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# Black Families In Therapy: A Multisystems Approach



## Synopsis

This pioneering work is the most comprehensive book on Black families in therapy to appear in the clinical literature. It is unprecedented in its attention to the cultural diversity among Black families, its emphasis on the utilization of cultural strengths in therapy, and on its application of the concept of clinical empowerment. Dr. Boyd-Franklin also gives thoughtful attention to the therapist's use of self and the subtleties which are often involved in the treatment process. Highlighting the diversity among Black Afro-American families, the author's first five chapters explore a number of cultural issues including racism, racial identification, and skin color; extended family patterns and informal adoptions; role flexibility and boundary confusion; religion and spirituality. Numerous case examples provide rich illustrations of these topics. The latter part of the book further explores socioeconomic differences with specific chapters on poor inner-city, single-parent, and middle-class Black families. An important contribution of this work is its elaboration of the Multisystems Model which allows family therapists to intervene with Black families at multiple levels including the individual, the family, the extended family, church and community networks, and the social service system. Dr. Boyd-Franklin's clear straightforward presentation of this model will allow the practicing therapist to apply it to even the most complex treatment realities. In addition, this Multisystems Model has applicability to many other ethnic groups and treatment situations. For training programs that include ethnicity, culture, and the treatment of Black families in their curriculum, this book provides a comprehensive syllabus. It is essential reading for family therapists, psychologists, psychiatrists, social workers, medical practitioners, pastoral counselors, educators, and public agency administrators. For students and practitioners in these fields it provides a scholarly, incisive analysis that sets a standard for ethnicity studies in the therapeutic arena.

## Book Information

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## Customer Reviews

Not only is this book a must resource for social workers and therapist, but Nancy is a wonderful writer. I had the opportunity to hear her speak and not only am I impressed with her writing but also with the dynamic and thoughtful person she is.

What an inspirational read. As a clinician working with families everyday, Boyd-Franklin has opened my eyes fully to the many sides of the "Black Family" and the beautiful gifts they bring to the therapeutic process via their personal trials and tribulations, victories, and triumphs. I am happy to say that from this point on, I will now recommend this lovely piece of work to any and every person that I know/come across working in the field of family therapy.

I liked the work and research presented in this book regarding black families in therapy. This is a good reference background book to inform other therapist about the culturally sensitive issues that black families face, and some that not able to voice their issues verbally to other family members. This information should be used when dealing with black families and the approach to use when they are in therapy to restructure situations they are confronted with. Thank you for the eye opener and the empathy that was shown and illustrated, which should be incorporated in the therapeutic therapy process with black families.

Felt it was older, needs updated version. duh.

Good Book

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